



CALENDAR DATES 2026

23 rd to 27 th MARCH	SHAKESPEARE WEEK
25 th MARCH	YEAR 4 RAINFOREST WORKSHOP Details sent 10.3.26 – please send your consent via the SchoolAPP by 20.3.25 Payment to be made via ParentPay thank you
25 th MARCH	YEAR 4 GILBERT TRIP 'MARY POPPINS' Details sent 19.3.26 – please send your consent via the SchoolAPP by 23.3.25
27 th MARCH 1pm to 1:30pm	FANTASTIC FINISH! Parents/carers invited to come and see the children's learning at 1pm then children to go home
30 th MARCH to 10 th APRIL	EASTER HOLIDAYS – SCHOOL CLOSED All children return to school on Tuesday 14 th April 2026
13 th APRIL	STAFF TRAINING DAY – SCHOOL CLOSED
22 nd APRIL (Date change)	CLASS GROUP PHOTOS
15 th APRIL	YEAR 1 TRIP TO WOBURN SAFARI PARK Details sent 27.2.26 – please send your consent via the SchoolAPP by 27.3.26 Payment to be made via ParentPay thank you
16 th APRIL 9am to 10am	SEND COFFEE MORNING – welcome to all parents/carers Details to follow
17 th APRIL	PTA LITTLE RECYCLERS Details to follow
21 st APRIL	YEAR 2 SILVERSTONE TRIP Details sent 3.3.26 – please send your consent via the SchoolAPP by 14.4.26 Payment to be made via ParentPay thank you
23 rd APRIL	ST GEORGE'S DAY – NON UNIFORM Wear something red/white if possible
23 rd APRIL	PTA DISCO Details to follow
8 th MAY	QUIDDITCH – YEARS 1 TO 4
14 th & 15 th MAY	YEAR 4 RESIDENTIAL TRIP
18 th JUNE 9:30am to 11:45am	SPORTS DAY (weather dependant) – ALL PARENTS/CARERS INVITED (Reserve date 26 th June if this date is cancelled due to rain/burning temp)



Thank you for supporting our Red Nose Day!
We will let you know how much you have
helped us raise very soon!



Challenge Champions – 13th March 2026



1A: Lila

2M: Jax

2O: Jace

3P: India

3J: Connie

4DR: Rosie



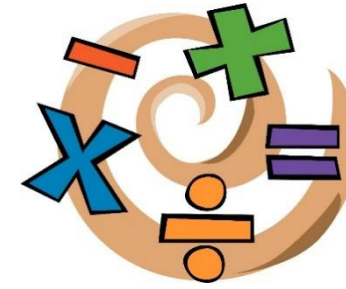
Well done to all our Times Tables Rock Stars!

India, Rosa, Kairo, Harvey, Frankie, Mara, Maisie, Jacob and

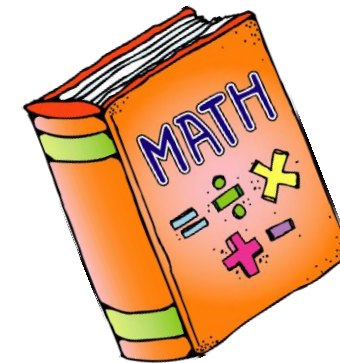
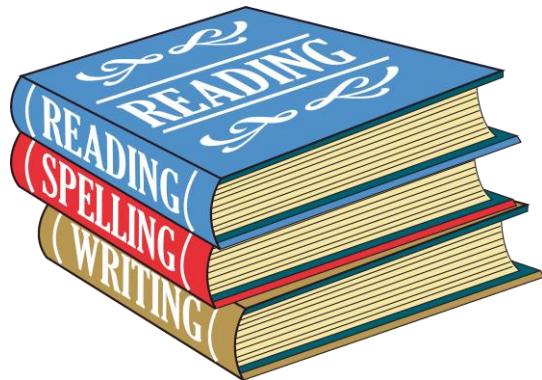
Emilia WOW!!



English Champion of the Week
13th March 2026



Maths Champion of the Week
13th March 2026



Olympic Colouring Competition Winners!



Congratulations to Sebastian from Year 4G!

Sebastian came 3rd in a spelling competition out of 1364 children in the UK!



FULL HOUSE

The Full House Theatre Company came into Beaudesert last week to do a puppet workshop with Year 2 which links into their current topic 'ICE'. The puppetry workshop involved the children meeting a giant polar bear puppet and then learning the skills involved in puppetry. They then created their own puppet using a piece of paper and were enthralled by the way it came to life!





Congratulations!

**THANK YOU TO EVERYONE
WHO ATTENDED OUR
TRAVELLING BOOK FAIR.**

Together we have raised...**£811.00**.....
for our school to spend on **FREE BOOKS**

 **TRAVELLING BOOKS**

47%
of parents
said they thought their
children spent too much
time in front of screens



It can be challenging for parents and carers to know whether children are spending too much time on their devices. Furthermore, it's even more of a challenge to know whether a child is addicted to the internet and social media. As technology is becoming more pervasive, children and young people are experiencing tech-related dependencies. Do we as parents and carers have the knowledge to identify and support children and young people who may be developing an addiction to their devices?



What parents need to know about SCREEN ADDICTION

SMARTPHONE ADDICTION IS A RECOGNISED HEALTH CONDITION

Children as young as 13 are attending 'smartphone rehab' following growing concerns over screen time. There are now help centers in the UK which deal with screen addiction for children and adults showing the seriousness of device addiction.

IT CAN CAUSE SLEEP DEPRIVATION

7 out of 10 children said they had missed out on sleep because of their online habits and 60% said they had neglected school work as a result. It is important that children get the sleep they need in order to focus the next day.

CONFIDENCE, SUPPORT & ACCEPTANCE

The Children's Commissioner report 'Life in Likes' explored how children aged 9-11 are using social media today. It showed that children are using their devices to speak to their online friends about their problems and seek acceptance and support, removing face to face interactions.

LOSS OF INTEREST IN OTHER THINGS

Your child may become less interested in anything that does not include their device. You may notice that your child is missing school time and generally being less engaged with other activities in the home. It is important to discuss this with your child as soon as you notice a behaviour change.

APPS CAN BE ADDICTIVE

Apps have been designed with 'psychological tricks' to constantly keep grabbing your attention. One example of this is on the app Snapchat, where you can gain 'streaks' when interacting with your friends. If you don't respond, you lose the streak. This addictive nature of apps aims to engage children and keep them coming back for more.



Top Tips for Parents

LIMIT SCREEN TIME

In today's digital age, technology is an important part of a child's development so completely banning them from their device will mean they are missing out on a lot, including conversations and communication with their friends. Rather than banning them from using their devices, we suggest setting a screen time limit. Work out what you think is a suitable and healthy amount of time for your child to be on their device per week. Remember that your child may need to use devices for their school homework so only set screen limits on recreational time on their device. Once you have established this, have the conversation with them to discuss why you are implementing a screen limit. There will be others in your child's friendship group who will not have screen limits set and will be sending messages when they do not have access to their phones.

LEAD BY EXAMPLE

Children model their behavior on their peers, so if their parents are constantly on their device, they will see this as acceptable. Try limiting your own screen time and follow the same rules you have set for them. If you have asked your child to not use their device at the table, make sure you don't. Try setting house rules that the whole family abide by.

REMOVE DEVICES FROM THEIR BEDROOM

Setting a rule about removing devices from bedrooms will help your child to get the sleep they need and be more focussed the next day at school. 20% of teenagers said that they wake up to check their social network accounts on their devices. Even by having a device switched off in their bedroom, they may be tempted to check for notifications.

LESS TIME MEANS LESS EXPOSURE

There are many risks associated with devices, such as cyberbullying, grooming, sexting, viewing inappropriate content etc. Less time spent on a screen means that a child will be less exposed to these risks.

ENCOURAGE ALTERNATIVE ACTIVITIES

It may seem like an obvious solution, but encouraging children to play with their friends, read a book, or playing outdoors will help them realise they can have fun without their device. Playing football, trampolining, camping, going for a walk or swimming are all healthy replacements for screen time. Try to join them in their outdoor activities to show your support.

MOBILE-FREE MEAL TIMES

Have you tried to settle your child by giving them a tablet at the dinner table or restaurant? This may seem like a quick fix to calm them down but in reality, it is encouraging them to use their device as a distraction from conversation and dealing with their emotions. We suggest removing all technology from the dinner table and having conversations with your family about how their day has been.

53% of children aged 3-4
go online for nearly 8hrs a week

79% of children aged 5-7
go online for nearly 9hrs a week

94% of children aged 8-11
go online for nearly 13.5hrs a week

99% of children aged 12-15
go online for nearly 21hrs a week

STATISTICS

<https://www.independent.co.uk>
Children and Parents: Media Use and Attitudes Report 2017: <https://www.ofcom.gov.uk>
<http://uk.businessinsider.com/how-app-developers-keep-us-addicted-to-our-smartphones>
Journal of Youth Studies: <https://www.tandfonline.com/doi/full/10.1080/10697968.2016.1198888>
University of Leeds: https://medhealth.leeds.ac.uk/news/article/126/tech_of_sleep, <http://www.sterling.ac.uk/children>

NOS
National
Online
Safety

A whole school community approach to online safety
www.nationalonlinesafety.com

Email us at hello@nationalonlinesafety.com or call us on 0800 368 8061.





**TUESDAY AFTER SCHOOL CLUB SESSION
HERE AT BEAUDESERT LOWER SCHOOL**

APRIL - MAY 2026

FOUNDATION AFTER SCHOOL CLUB,
TUESDAY, 3.00 - 4.00PM

TERM DATES ARE AS FOLLOWS -
APRIL 21ST - 28TH
MAY 5TH - 12TH - 19TH

THE COST WILL BE £5.50 PER SESSION RUNNING FOR 5 WEEKS. **£27.50 IN TOTAL.** THE CHILDREN WILL NEED PE KIT, WATER BOTTLE AND TRAINERS TO TAKE PART.

THERE ARE 16 PLACES AVAILABLE, FIRST COME FIRST SERVED BASIS. TO RESERVE A SPACE PLEASE E-MAIL US AT - BEDSBUCKS@BRAZILIANSOCCERSCHOOLS.CO.UK

SUBJECT HEADING - 'BEAUDESERT ASC'

PLEASE INCLUDE ON THE EMAIL -
YOUR CHILDS NAME.
CLASS & YEAR GROUP.
EMERGENCY CONTACT NAME.
EMERGENCY CONTACT NUMBER.
ANY MEDICAL CONDITIONS.

ON YOUR CONFIRMATION EMAIL BACK, WE WILL FORWARD OVER PAYMENT DETAILS AND WAYS TO PAY. "PLEASE NOTE" - UNLESS YOU HAVE EMAIL CONFIRMATION BACK FROM US OF YOUR PLACE ON THE CLASS & PAYMENT IS MADE, YOUR SPACE IS NOT SECURED.

PLEASE BOOK ON QUICKLY AS SPACES ARE LIMITED. WE LOOK FORWARD TO A GREAT TERM OF FOOTBALL.

BRAZILIAN SOCCER SCHOOLS TEAM.



TO BOOK PLEASE -
EMAIL: BEDSBUCKS@BRAZILIANSOCCERSCHOOLS.CO.UK

SUBJECT HEADING - 'BEAUDESERT ASC'



**MONDAY AFTER SCHOOL CLUB SESSION
HERE AT BEAUDESERT LOWER SCHOOL**

APRIL - MAY 2026

YEAR 1, 2, 3 & 4 AFTER SCHOOL CLUB,
MONDAYS, 3.00 - 4.00PM

TERM DATES ARE AS FOLLOWS -
APRIL 20TH - 27TH
MAY 11TH - 18TH

THE COST WILL BE £5.50 PER SESSION RUNNING FOR 4 WEEKS. **£22.00 IN TOTAL.** THE CHILDREN WILL NEED PE KIT, WATER BOTTLE AND TRAINERS TO TAKE PART.

THERE ARE 16 PLACES AVAILABLE, FIRST COME FIRST SERVED BASIS. TO RESERVE A SPACE PLEASE E-MAIL US AT - BEDSBUCKS@BRAZILIANSOCCERSCHOOLS.CO.UK

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TO BOOK PLEASE -
EMAIL: BEDSBUCKS@BRAZILIANSOCCERSCHOOLS.CO.UK

SUBJECT HEADING - 'BEAUDESERT ASC'



After School ART Club!

Every Tuesday & Thursday at Beaudesert
Lower School



Join us for our April/May for lots of Spring
crafty FUN!

Tuesdays 3-4pm - Y3 & Y4

Thursday 3-4pm: Y1 & Y2

£36 for 6 weeks from w/c 13th
April to w/c 18th May

to book:

Go to:

<https://artventurers.co.uk/berkhamsted/> or
email: jess@artventurers.co.uk

ARTventurers
Squidge, squish, paint, explore, sing, dance!

The SAXONS

28 March - 1 November 2026

Easter Holidays
28 March - 12 April
Also this Easter holiday
enjoy family-friendly
Easter crafts, science
fun and hands-on
Saxon-inspired
activities across
the museum.

Discover Buckinghamshire's Saxon past in this major
new immersive exhibition at Discover Bucks Museum

Why visit?

- Meet the Saxons through engaging films, sounds, and immersive experiences.
- Hands-on interactives and digital storytelling bring history vividly to life.
- Discover real artefacts and try the fun family trail and creative activities.

A great day out for curious minds and
young explorers!

Opening Fun Day!

Saturday 28 March, 10am - 5pm

Join us for our fun family opening day featuring **re-enactors**, **storytelling** and **hands-on crafts**. Meet Saxon warriors and craftspeople, hear stories inspired by real discoveries, and take part in activities for all ages — the perfect way to bring the Buckinghamshire Saxon world to life.

Make a day of it and visit the Roald Dahl Children's Gallery this Easter holiday for hands-on discovery and amazing science inspired by Roald Dahl's stories.

For more details, charges and to book please scan the
QR code or visit discoverbucksmuseum.org



SA26SCH

Discover Bucks Museum, Aylesbury HP20 2QP
01296 331441 | discoverbucksmuseum.org

Art Fund

Garfield Weston
FUNDATION

Supporting the
HS2 Community &
Environment Fund

Buckinghamshire County Museum Trust Registered Charity No. 1153345

All Aboard for Easter Family Fun

Transport Themed Market Event

Leighton Buzzard Market




Tuesday 31st March

10am - 1pm






All Aboard for Easter Family Fun!

Join us on Tuesday 31 March for a free, family-friendly event at Leighton Buzzard Market full of activities for kids of all ages!

 High Street, Leighton Buzzard, LU7 1HD
 Duration: 3 hours
 Public event – everyone welcome!

Fun includes:

 Kids Fun Bus
 Visit from the team at Leighton Buzzard Railway
 Activities from Oddart Events
...and lots more surprises!

Bring the whole family for a day of transport-themed fun and Easter excitement!

What Parents & Educators Need to Know about ONLINE TRENDS ENCOURAGING VIOLENCE

7 out of 10 teens report seeing violent content on social media, with over half of that content featuring fights involving young people. Most don't 'seek' it but are shown it through social media feeds or messaging groups. 91% of young people involved in violence have seen violent social media content. Viral trends, challenges, or 'wars' that are spread online risk encouraging violence offline, while real-world incidents may also be recorded and promoted online.

WHAT ARE THE RISKS?

ALGORITHMIC EXPOSURE

Social media platforms are designed to keep users engaged, meaning dramatic or extreme content can spread widely and quickly. Algorithms often recommend content that reflects users' past interactions. As a result, young people may see more violent material if they have viewed, commented on, or shared it before. Repeated exposure can make violent content appear frequently in their feeds without them fully understanding why.

WEAPONS AND CRIMINAL RISK

Teens exposed to high levels of real-world violence on social media sometimes report feeling an increased need to carry a weapon for 'self-protection'; however, carrying a weapon increases the risk of victimisation (harm and injury by others) for young people. In addition, carrying a weapon is a serious offence that can lead to police arrest and a criminal record.

SHARING VIOLENT CONTENT

Encouraging or assisting an offence is a crime in the UK, including via social media, and can lead to arrest. This means sharing, forwarding, or reposting violent content carries a risk for young people too. Showing examples of content to a trusted adult is appropriate, but young people should take care not to further spread violent material by posting it online or sharing it within large messaging groups.

FEAR, ANXIETY, AND MARGINALISATION

Research shows young people's emotional wellbeing can be negatively impacted by repeated exposure to violent online content, especially when it depicts 'real-world' violence (as opposed to fictional depictions in games or films). Posts featuring weapons, threats, attacks, and fights – or content that appears to glamorise gang activity – can increase feelings of anxiety or fear among young people. Material that encourages violence targeting people because of their identity, such as their nationality or religion, can also create disproportionate harm for children belonging to those groups.

AVOIDANCE AND ISOLATION

Real-world violence on social media can increase young people's belief that their local communities – or the 'outside world' more generally – are unsafe places. This can result in avoidant and isolating behaviours, which may negatively affect their wellbeing. As well as feeling fearful of others, teens also report feeling judged for spending time together in large groups, which may affect their social interactions and leisure time.

Advice for Parents & Educators

STAY INFORMED

Stay alert for updates from police, schools, or local authorities, and follow the advice provided. Be cautious about unofficial accounts, fake content, and misinformation, which can spread quickly online or in chat groups. Ensure you get accurate information from trusted sources and encourage young people to do the same. Remind them never to share violent content online and to speak to a trusted adult instead.

DISCUSS SOCIAL MEDIA

Encourage young people to talk about the content they see online and the effect it can have. This can be an opportunity to discuss topics such as misinformation, AI-generated material, the attention economy, and algorithms, helping them understand how and why extreme content can spread online. Explore tools available to block, report, and remove harmful content, and signpost where to get support and advice, such as reportharmfulcontent.com.

TALK CRIME AND SAFETY

In most of the UK, the age of criminal responsibility is 10 (12 in Scotland). This means there can be serious criminal consequences for carrying a weapon, taking part in violence, or filming or sharing violent content. Discuss the law with young people alongside practical safety strategies. Ask questions such as: "What could you do if you feel unsafe?" Work together on action plans and remind them they can contact a trusted adult or the police if they witness or experience violence.

ENCOURAGE POSITIVE ACTION

Focus on strengthening young people's positive experiences both online and within their local communities. Discuss strategies to reduce negative social media effects, such as time limits, unfollowing certain accounts, or taking breaks from apps. Encourage offline activities such as spending time with friends, visiting local places, and taking part in hobbies that bring them joy, purpose, and connection. Remind them they can seek support with any concerns at any time via childline.org.uk.

Meet Our Expert

Dr. Holly Powell-Jones is the founder of Online Media Law UK and a leading UK expert in media law, online safety, and young people. Her PhD investigates youth understandings of criminal and legal risks in a digital context. She works in schools to provide award-winning education on the criminal, legal, and ethical considerations of rapidly advancing technologies.



See full reference list on our website



Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 18.03.2025

REMINDERS

Start & Finish Times for September 2025 – July 2026

Year	Start time	Finish time
Years 3 & 4	8.40am	3.00pm
Years 1 & 2	8.40am	3.00pm
Reception	8:40am	3:00pm

PLEASE FOLLOW THE ONE WAY SYSTEM AROUND THE SCHOOL, EVEN IF THIS MEANS YOU WALKING BACK AROUND THE BUILDING FOR A 2ND LAP.



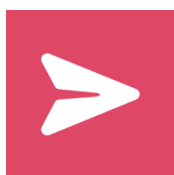
Change of contact details/address

If you have changed your address or phone number recently, please let the school office know your new details. Thank you.



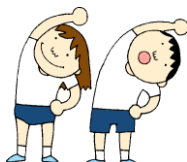
Absences/lateness

Can all parents ensure that all absences are reported to the School Office by 9.30am on the day of absence. It is also very important for the school to know if your child is sick, or if they have a medical appointment. If your child arrives into school late (after 8.40am), Parents are asked to please bring their child to the school office.



School App

We now have a new school app. It is available to download free from the App Store on any mobile device. Search for '**reach more parents by weduc**'. Please be sure to download the app onto your phone as it will be our main method of communicating via text with Parents.



PE Kit

September 2025 – Please can all children bring in their PE kits at the beginning of the week so they can change into them during school time on their nominated days.



School Lunches

Ordering and paying for school lunches is now done on www.parentpay.com. Parents should have received letters that features login details. Please order all school lunches by 8am each day or book in advance.

Beauesert has a strict 'No Nuts' policy, and we ask parents to not send in food items such as peanut butter, cakes or biscuits that may contain nuts!

Breakfast Club and After School Club

Advance bookings for **both the Breakfast club and After School Club** need to be made online at <https://www.kidzzoneclub.com/>. For same day bookings please can parents email hello@kidzzoneclub.com or call their office on 01525 591036 (between 9am and 2pm). Please note a parent/guardian must complete a 'Kidz Zone' child registration form either online via the website or with a member of the Kidz Zone team for the booking to be accepted – this information is required to meet Ofsted regulations.

Bikes and Scooters

Please can everyone remember to dismount bikes and scooters whilst on the school grounds, as accidents can occur on pathways at busy times.

Car Parking

Just a reminder for some parents when parking outside of the School that it is very important to park as considerately as possible. Parents and carers dropping their children off at school should not be parking on pavements. Car number plates may be reported to the Police if this continues to happen. Can parents also remember that parking in the Staff car park or the Kitchen car park is also not permitted. Thank you.

PTA Second Hand Uniform Shop

The PTA have set up a pre-loved uniform shop. Please click on the below link to browse and make your purchase.

Link: <https://app.uniformd.co.uk/items/beaudesert-lower-school>

