2nd October 2026

CALENDAR DATES 2026

16th October	Harvest Assembly (Children only) Please see details below
22nd October 9:30am & 1:30pm	Open Day - New Starters September 2027
22nd October **Date change** EYS – 2:30pm to 3pm Yr 1&2 – 3pm to 4pm Yr 3&4 – 4pm to 5pm	PTA Disco Details to follow – please note date change & children now to wear their uniform due to the Open Day
23rd October 9am to 9:30am	Year 1 Reading & Phonics Workshop Details to follow
23rd October	PTA Rainbow Day – Non uniform Details to follow
26th October to 30th October	October Half Term – School Closed
5th November 9am to 10am	Maths Workshop – Parents/Carers invited in to school Details to follow
6th November 2pm to 3pm	Grandparents Afternoon Tea Details to follow
13th November	Children in Need Day – Non-uniform Details to follow
19th November 9am to 9:45am	Parents Forum – Parents/Carers invited in to school Details to follow
20th November	Individual Whole School Photos
26th November 9:30am	Open Day - New Starters September 2027 See details below
27th November 9am to 10am	Reading steps to SATS success – Years 2, 3 & 4 Details to follow
30th November	St Andrews Day – Non uniform
30th November & 1st December	PTA Elfridges Details to follow
4th December	PTA Christmas Fair Details to follow
9th December	Theatre Trip – Years 2, 3 & 4 only Details to follow
10th December 9:15am & 2pm	Early Years Christmas Nativity Details to follow
16th December	Christmas Lunch & Jumper Day – non uniform
17th December	Christmas Party Day – Whole School Details to follow nearer to the time from the class teachers
18th December 12pm to 12:30pm	Fantastic Finish Parents/carers invited to come and see the children's learning at 12pm then children to go home

Challenge Champion – 25th September 2026



1P: Autumn

1A: Noah

2O: Rhys

2M: Kai

3P: Aaysha

4DR: Frankie

4G: Theodore



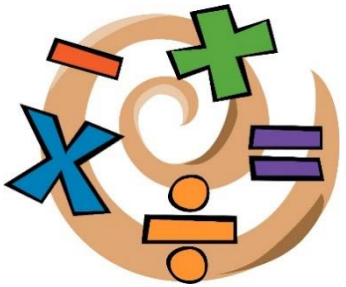
Well done to all our Times Tables Rock Stars!

Jah-Nae, Charlie, Ruby, Archie & Nazareth!

Keep that excellent work up!





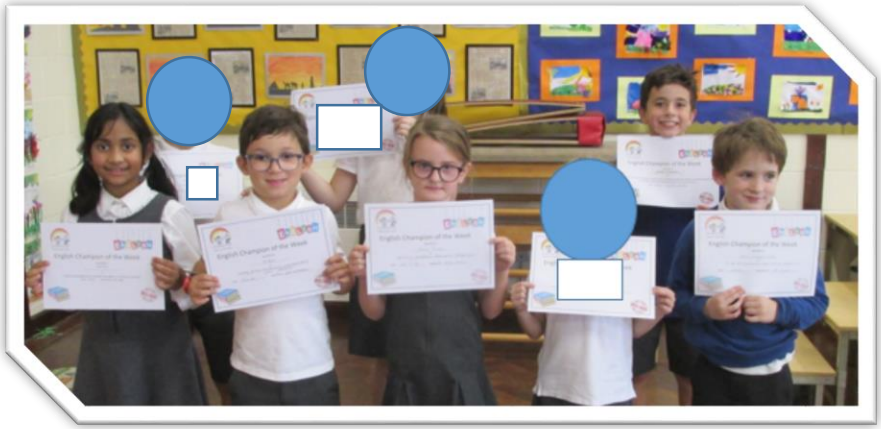


English Champion of the Week

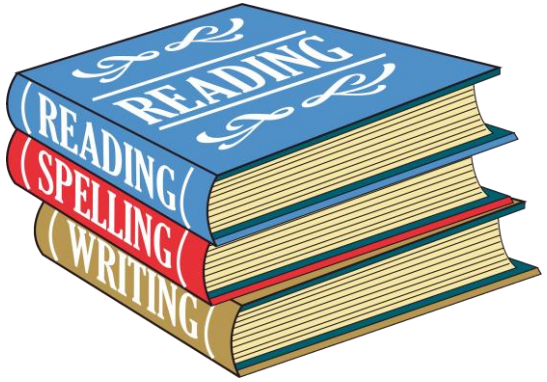
25th September 2026

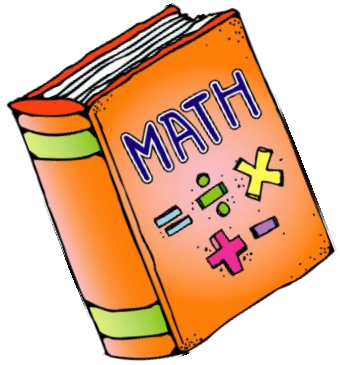
Maths Champion of the Week

25th September 2026









Thank You!

MACMILLAN CANCER SUPPORT

Thank You!

A big thank you to everyone for supporting our event with your amazing cake donations and helping us raise a total of £455.50!











YEAR 3J INTERNATIONAL LANGUAGES DAY



Year 3J had a very enjoyable International Day last Friday. The country they focussed on was Germany. They learnt some interesting facts about the country, about some of their traditional food and learnt some words and phrases in German!







GERMANY



Year 3J – RE Lesson

On Wednesday as part on their learning in RE, Year 3J went outside and built mini Sukkahs which are shelters that Jewish people build when celebrating Sukkot.











HARVEST ASSEMBLY



We will be having a special assembly on the 16th October, where we ask the children to bring in food donations. If you wish to donate, please may we ask you to leave all items under the playground shelter. The Leighton Linslade Helpers Foodbank will be delighted to come to collect, where you will help many hungry families access food to eat. We politely ask that the food donations are not perishable items such as fresh vegetable, bread and fruit etc. Below is a list of items they would ideally like but any donations welcome.

Many thanks for your continued support.

Cereal	Hotdogs
Long Life Milk	Ravioli
Baked Beans	Rice 500g or 1kg
Tinned Spaghetti	Pasta 500g or 1kg
Tinned Tomatoes	Cooking Sauces
Instant Mash potato	Tinned Rice Pudding
Tinned Potatoes	Tinned Custard
Tinned Carrots	Tinned Fruit
Tinned Peas	Snack Bars
Tinned Sweetcorn	Crisps
Tinned Soup	Buiscuits
Tinned Meats	Tea / Coffe
Tinned Tuna	Sugar

Exciting News: Marvellous Me is Changing!

Dear Parents and Carers,

We have some exciting news! Marvellous Me is changing.

Over the next week, you will receive an email from Juniper Education containing a link to your new parent portal.

Simply click the link to get started. Your new portal will be the place to see and celebrate all the amazing work, achievements and rewards your child receives in school.

It works much like the Marvellous Me APP you already know, but with even more exciting features!

Please watch your inbox for an email from Juniper Education.

We can't wait for you to start using the new portal and continue celebrating your child's successes with us!

PARKING AROUND OR NEAR THE SCHOOL



Our neighbours have informed us of this example of inconsiderate parking. In this photo there are two. The first where someone's driveway has been blocked preventing them from leaving and the second a parent from this school has parked in someone's driveway! This is unacceptable and disrespectful. Any future infringements may be passed on to the local constabulary.

Please be respectful to our neighbours.

Mrs Pearce



Join Us for Movetober!

This October, our school is taking part in **Movetober**, a fun challenge designed to encourage pupils and families to travel actively and sustainably.

Whether it's walking, wheeling, scooting, cycling, or parking a little further away and walking the rest of the journey, every active trip counts. Pupils who travel sustainably will receive raffle tickets and be entered into weekly prize draws.

We look forward to seeing lots of active journeys and healthy habits being built throughout the month!

One of our Beaudesert family are raising money for this amazing charity!

Please help support their event!



GET CREATIVE THIS HALF-TERM!

MAKE A LANTERN. JOIN THE PARADE!

Create a lantern to carry in our Christmas Eve parade.



THIS YEAR'S THEME: THE HEART OF CHRISTMAS

LANTERN-MAKING WORKSHOPS

Leighton Buzzard Library

Wednesday	Thursday
28 October	29 October

BOOKING REQUIRED

ONLY £8.90 PER LANTERN KIT

For more information and to book, scan the QR code or visit:
https://wegottickets.com/f/26885/
Questions? lanterns@leightonlinsladerotary.com

LANTERN PARADE

Christmas Eve • 6.15 pm
Leighton Buzzard High Street

Presented by Leighton Linslade Rotary Club
Children under 16 must be accompanied by an adult.



On Christmas Eve

Food will be available on **Church Square from 5.30pm**, so families can come into town early and enjoy the atmosphere before the parade. At **6.00pm, the Royal Air Force Air Cadets will play some festive tunes** for us.

The lanterns will gather at **All Saints Church at 6.15pm** before processing through **Parson's Close** and then joining the traditional **Carols in the High Street at 7.00pm**.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about LOOKSMAXXING

WHAT ARE THE RISKS?

Looksmaxxing is an online trend focused on improving one's physical appearance, particularly among boys and young men. At the milder end, it can involve grooming, skincare, diet and exercise advice, sometimes called "softmaxxing". At its extremes, or "hardmaxxing", it can promote unproven or dangerous practices and contribute to body image concerns, low self-worth, and mental health difficulties.

TARGETING MALE INSECURITIES

Although usually aimed at men, looksmaxxing can also reach boys by promising to improve their appearance and dating success. Forums offer 'objective', and sometimes brutal, views on attractiveness, while influencers may make appearance seem all-important. Advice ranges from useful tips on hygiene, skincare, and fashion to more concerning guidance.

DUBIOUS ADVICE

Some advice moves into dubious territory. One example is "mewing", a tongue exercise claimed to create a more masculine jawline. The American Association of Orthodontists says evidence for its effectiveness is limited and warns that following such guidance could contribute to tooth alignment problems, bite issues, and speech difficulties.

EXTREME REMEDIES

Some DIY remedies are even more extreme and potentially dangerous. While fears of "bonesmashing" – which involves trying to alter the cheekbones using blunt objects for a more 'masculine' appearance – may sometimes be overstated in the media, other guidance can also cause harm. Untrained use of microneedling and derma rollers, taking substances or medication without appropriate medical guidance, and overusing skincare products can all have potentially harmful consequences.

BODY IMAGE ISSUES

This pursuit of physical perfection can become obsessive and contribute to serious body image issues. Exposure to looksmaxxing content can encourage teenagers to tie their appearance to their value and self-worth, as well as making boys and young men feel they need to change perfectly normal aspects of their appearance. This can be associated with disordered eating, overexercising, or other obsessive behaviours that interfere with everyday life.

MENTAL HEALTH PROBLEMS

As well as the physical consequences, body image concerns can be associated with mental health difficulties, such as depression, anxiety, low self-esteem, body dysmorphic disorder, and psychological distress. They can cause problems both at school and at home, with children and young people potentially avoiding social situations because they fear their appearance will be negatively judged by others.

A PATHWAY TO EXTREMES

Looksmaxxing has its roots in online 'incel' communities but has since become more mainstream on platforms such as TikTok. Algorithm-driven feeds may show users more extreme material as they interact with similar content. Some looksmaxxing spaces have also been linked with misogynistic, incel, and white supremacist ideologies.

Advice for Parents & Educators

WATCH FOR CHANGES

Keep an eye out for concerning behavioural changes in children and young people. This could include an obsession with diet and exercise, spending more time on social media apps, becoming secretive with their phone, or a shift in how they interact with friends and family. If a young person suddenly becomes distressed by their appearance or adopts rigid or extreme routines, try to understand what may be behind the change.

CHECK THE SOCIAL MEDIA

Social media algorithms are tailored to each user, meaning what appears on your feeds may be dramatically different from what children see on theirs. Try to get an idea of the content children and young people are consuming online, and use available parental controls where appropriate. TikTok, for example, provides tools that can help families manage or filter certain types of content.

LISTEN FOR THE LINGO

Like many internet communities, looksmaxxing groups and influencers use distinctive language. As well as "mewing", mentioned above, you might hear terms such as "Chad" (an attractive male), "foid" (a misogynistic term for a woman), and "mogging" (looking more attractive than someone else). Other examples involve adding "maxxing" to another word, such as "jestermaxxing" (using humour to attract women) and "starvemaxxing" (extreme dieting).

TALK TO YOUR CHILDREN

Open communication can help children and young people recognise misleading influencers and harmful online communities. Discuss unrealistic ideas about appearance and explain that some creators benefit from controversial or extreme content. Talk about the risks of unqualified health advice and how people's insecurities can be exploited online, while making it clear that it's okay to speak openly about any concerns.

Meet Our Expert

Alan Martin is a technology journalist who has written for publications including Wired, TechRadar, The Telegraph, The Evening Standard, The Guardian and The New Statesman.



#WakeUpWednesday®

The National College®

See full reference list on our website

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 30.09.2026

REMINDERS

Start & Finish Times for September 2026 – July 2027

Year	Start time	Finish time
Years 3 & 4	8.40am	3.00pm
Years 1 & 2	8.40am	3.00pm
Reception	8:40am	3:00pm

PLEASE FOLLOW THE ONE WAY SYSTEM AROUND THE SCHOOL, EVEN IF THIS MEANS YOU WALKING BACK AROUND THE BUILDING FOR A 2ND LAP.



Change of contact details/address

If you have changed your address or phone number recently, please let the school office know your new details. Thank you.



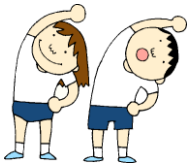
Absences/lateness

Can all parents ensure that all absences are reported to the School Office by 9.30am on the day of absence. It is also very important for the school to know if your child is sick, or if they have a medical appointment. If your child arrives into school late (after 8.40am), Parents are asked to please bring their child to the school office.



School App

We now have a new school app. It is available to download free from the App Store on any mobile device. Search for **'reach more parents by weduc'**. Please be sure to download the app onto your phone as it will be our main method of communicating via text with Parents.



PE Kit

September 2026 – Please can all children bring in their PE kits at the beginning of the week so they can change into them during school time on their nominated days.



School Lunches

Ordering and paying for school lunches is now done on www.parentpay.com. Parents should have received letters that features login details. Please order all school lunches by 8am each day or book in advance.

Beaudesert has a strict 'No Nuts' policy, and we ask parents to not send in food items such as peanut butter, cakes or biscuits that may contain nuts!



Breakfast Club and After School Club

Advance bookings for **both the Breakfast club and After School Club** need to be made online at https://www.kidzzoneclub.com/. For same day bookings please can parents email hello@kidzzoneclub.com or call their office on 01525 591036 (between 9am and 12pm). Please note a parent/guardian must complete a 'Kidz Zone' child registration form either online via the website or with a member of the Kidz Zone team for the booking to be accepted – this information is required to meet Ofsted regulations.



Bikes and Scooters

Please can everyone remember to dismount bikes and scooters whilst on the school grounds, as accidents can occur on pathways at busy times.



Car Parking

Just a reminder for some parents when parking outside of the School that it is very important to park as considerately as possible. Parents and carers dropping their children off at school should not be parking on pavements. Car number plates may be reported to the Police if this continues to happen. Can parents also remember that parking in the Staff car park or the Kitchen car park is also not permitted. Thank you.

PTA Second Hand Uniform Shop

The PTA have set up a pre-loved uniform shop. Please click on the below link to browse and make your purchase.

Link: https://app.uniformd.co.uk/items/beaudesert-lower-school