

5th September 2025



CALENDAR DATES 2025

9 th SEPTEMBER 9am to 10am	CAHMS – SLEEP WORKSHOP FOR ALL PARENTS/CARERS Details emailed 4.9.25 Please complete the SchoolAPP form if you wish to attend this session
11 th SEPTEMBER 9am	New Early Years Phonics & Reading Workshop Details emailed via the SchoolAPP 15.7.25 Please complete the form via the SchoolAPP by 8.9.25
11 th SEPTEMBER (10 weeks - every Thursday except half term)	New YEAR 4 SWIMMING 10 weeks excludes October half term) Details emailed via the SchoolAPP 17.7.25 Please send your consent via the SchoolAPP by 8.9.25
15 th SEPTEMBER 6:30pm to 8pm	PTA Meeting – Everyone Welcome Details to follow
16 th SEPTEMBER **note date change**	New Year 1 Astronauts & Aliens Workshop @ Beaundesert Details emailed via the SchoolAPP 15.7.25 Please send your consent via the SchoolAPP by 5.9.25 Change of date emailed 5.9.25
16 th SEPTEMBER	FLU VACCINATIONS – WHOLE SCHOOL Details emailed 2.9.25 - please see NHS instructions for form completion
22 nd SEPTEMBER	PTA WELCOME PARTY Details to follow
26 th SEPTEMBER	MACMILLAN COFFEE MORNING Details to follow
3 rd OCTOBER	LITTLE RECYCLERS Details to follow
8 th JANUARY 2026	New YEAR 3 SWIMMING 10 weeks excludes February half term & 5 th March World Book Day Details to follow

Further Calendar dates will follow next week....



Mrs Pearce and all the Beaundesert Staff would like to say a BIG THANKYOU to everyone who sent in messages, cards and gifts at the end of last term. Everyone was overwhelmed by your generosity!

Thank you!

Welcome to our new pupils and parents in Early Years!

We are so proud of how well the new Early Years children have settled into Beadesert.....here are a few photos of them enjoying their lunches.....yum yum!

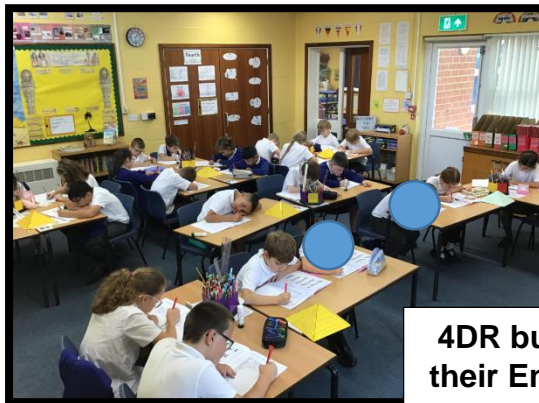




It is lovely to see all the children settling into their new classes....



3J were acting out a story in RE about Jewish Exodus!



4DR busy writing in their English lesson!



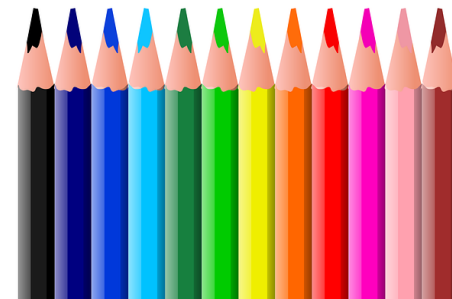
20



3P



4G



1P were sitting on their new carpet spaces and having fun playing with the parachute!



2M



1A





MONDAY AFTER SCHOOL CLUB SESSION
HERE AT BEAUDESERT LOWER SCHOOL

SEPTEMBER - OCTOBER 2025

YEAR 1, 2 & 3 AFTER SCHOOL CLUB,
MONDAYS, 3.00 - 4.00PM

TERM DATES ARE AS FOLLOWS -
SEPTEMBER 8TH, 15TH, 22ND, 29TH,
OCT 6TH, 13TH, 20TH

THE COST WILL BE £5.50 PER SESSION RUNNING FOR 7 WEEKS. £38.50 IN TOTAL. THE CHILDREN WILL NEED PE KIT, WATER BOTTLE AND TRAINERS TO TAKE PART.

THERE ARE 16 PLACES AVAILABLE, FIRST COME FIRST SERVED BASIS. TO RESERVE A SPACE PLEASE E-MAIL US AT - BEDSBUCKS@BRAZILIANSOCCERSCHOOLS.CO.UK

SUBJECT HEADING - 'BEAUDESERT ASC'

PLEASE INCLUDE ON THE EMAIL -
YOUR CHILDS NAME.
CLASS & YEAR GROUP.
EMERGENCY CONTACT NAME.
EMERGENCY CONTACT NUMBER.
ANY MEDICAL CONDITIONS.

ON YOUR CONFIRMATION EMAIL BACK, WE WILL FORWARD OVER PAYMENT DETAILS AND WAYS TO PAY. "PLEASE NOTE" - UNLESS YOU HAVE EMAIL CONFIRMATION BACK FROM US OF YOUR PLACE ON THE CLASS & PAYMENT IS MADE, YOUR SPACE IS NOT SECURED.

PLEASE BOOK ON QUICKLY AS SPACES ARE LIMITED. WE LOOK FORWARD TO A GREAT TERM OF FOOTBALL.

BRAZILIAN SOCCER SCHOOLS TEAM.



TO BOOK PLEASE -
EMAIL: BEDSBUCKS@BRAZILIANSOCCERSCHOOLS.CO.UK

SUBJECT HEADING - 'BEAUDESERT ASC'



After school ART Club!

Every Tuesday & Thursday at Beaudesert
Lower School



Join us for our Autumn term for lots of crafty fun!

Tuesdays - KS2 (y3 & y4)

Thursdays - KS1 (y1 & y2)

15:00 - 16:00

£42 for 7 weeks

from w/c 8th Sept w/c 20th Oct

to book:

Go to:

<https://artventurers.co.uk/berkhamsted/> or

email: jess@artventurers.co.uk

ARTventurers[®]
Squidge, squish, paint, explore, sing, dance!



What's on this September?



Fri 5 Sept
Town Mayors
Train Ride &
Afternoon Tea



Sun 7 Sept
Final concert
of Music in the
Park 2025



Sat 13 Sept
Family Films &
Last Night of
the Proms



Sun 14 Sept
Community
Litter Pick in
the Park



Sat 20 Sept
Farmers &
Producers
Market



Sat 20 Sept
Town Mayors
Charity Coffee
Morning



Sat 20 Sept
Lark in the
Park - Parson's
Close Rec



Sat 27 Sept
Handmade &
Craft Market

The Charter Market will also run every Saturday & Tuesday from 08:30-15:00 in the High Street.

There's something for everyone this September – come along, join in, and enjoy all that your town has to offer! 🍷

🍷 What's On in Leighton-Linslade this September 🍷

Get ready for a month full of music, markets, community fun, and more!

🚂 Town Mayor's Train Ride & Afternoon Tea
Friday 5 September | 🕒 Departs 6pm

🎵 Music in the Park – Bedfordshire Band, Royal British Legion

Sunday 7 September | 🕒 3–5pm
📍 Parsons Close Recreation Ground

🎪 Last Night of the Proms & Family Films in the Park

Saturday 13 September
📍 Parsons Close Recreation Ground

🧹 Litter Pick – Help Keep the Park Clean!

Sunday 14 September | 🕒 10am
📍 Meet at Duncombe Drive Car Park

🍷 Farmers & Producers Market

Saturday 20 September | 🕒 8:30am–1:00pm
📍 High Street

☕ Town Mayor's Coffee Morning

Saturday 20 September | 🕒 10am–12pm
📍 Esquires Coffee

🎵 Lark in the Park

Saturday 20 September | 🕒 11am–1pm
📍 Parsons Close Recreation Ground

🍷 Handmade & Craft Market

Saturday 27 September | 🕒 8:30am–3:00pm
📍 High Street

Please head to the Leighton Linslade Town Council

website or facebook page for further details:

<https://www.leightonlinslade-tc.gov.uk/>



**LEIGHTON
BUZZARD**
RUGBY FOOTBALL CLUB



PLAY. CREATE. BELONG.

Girls Rugby Activity Day

Date: 06/09/2025

Time: 10am to 12pm

Location: Leighton Buzzard Rugby Club

Book your place: girlsloverugby@buzzardrugby.co.uk



The oval trim device is a registered trademark of Gilbert™ Rugby.

♥ rugby ♥ rugby ♥ rugby ♥ rugby ♥ rugby ♥ rugby ♥ rugby ♥ rugby ♥ rugby ♥ rugby

10 Top Tips for Parents and Educators SUPPORTING CHILDREN GOING BACK TO SCHOOL

Returning to school after the summer holidays can be both exciting and daunting for children of all ages. Different routines, classes, schools, and academic pressures can cause anxiety or uncertainty. Parents play a vital role in easing this transition. This guide will help you support your child emotionally, mentally, and practically as they return to school.

1 RE-ESTABLISH ROUTINES



Gradually shift back to school-time routines a week or two before term starts. Regular bedtimes, wake-up times, and mealtimes can help children feel more secure and reduce the shock of change when school begins. Having a routine creates predictability and stability, helping to reduce anxiety while improving sleep and concentration.

2 TALK ABOUT FEELINGS



Encourage open conversations with children about their feelings. Ask them how they feel about returning to school, such as what they're looking forward to and anything they might be feeling unsure or worried about. Validating their emotions can help reduce anxiety and show them it's okay to talk about their emotional wellbeing.

3 SUPPORT WITH SLEEP



Children need adequate sleep for concentration, brain function, memory, and emotional regulation. Establish a wind-down routine without screens at least an hour before bed, and encourage relaxing activities like reading or listening to calming music.

4 LOOK OUT FOR SIGNS



Some children hide their anxiety. Watch for changes in their behaviour, such as withdrawal, stomach aches, and irritability. If worries persist, speak with their teacher or the pastoral team early to ensure your child receives support.

5 REFRESH SOCIAL CONNECTIONS



Help children reconnect with school friends by arranging playdates or video chats in the week before school starts. Familiar faces and social interactions help the transition and provide emotional comfort on that first day back.

6 CREATE A CALM MORNING



Mornings set the tone for the day. Plan ahead with a consistent morning routine that allows time for breakfast, getting dressed, and talking calmly about the day. Avoid last-minute rushing to reduce stress for everyone.

7 FOCUS ON POSITIVES



Talk about the fun and interesting parts of school – seeing friends, favourite subjects, or exciting activities. One simple but powerful change parents can make is swapping “How’s your day been?” for “What’s been good about your day?” This invites more of a positive, open response. Focusing on positives can help shift children’s anxious thoughts and reframe school as a safe and engaging place.

8 VISIT OR VISUALISE SCHOOL



If possible, encourage visits to the school grounds before the first day, especially if it’s a new school. Walking the route or even looking at photos of classrooms and teachers can make the environment feel familiar. The school website is always a great go-to place for this. This is particularly helpful for younger children or those with additional needs.

9 PLAN AHEAD TOGETHER



Involve children in preparing for school – buying supplies, packing their bag, or choosing lunch options. This gives them a sense of control and builds excitement. Use checklists or calendars to prepare together, helping reduce last-minute stress.

10 STAY POSITIVE AND PRESENT



Children pick up on your outlook. Stay calm, positive, and present, especially during drop-offs. Avoid lingering goodbyes, and let them know you’ll be there at pick-up. A consistent, reassuring presence builds their confidence and resilience.

Meet Our Expert

This guide was created by Jo Morton-Brown, an Emotional Health Practitioner with nearly 15 years’ experience supporting children and young people’s mental health. She produces uplifting YouTube content for pupils and trains adults to better support young people’s wellbeing, with a mission to help every child feel valued and understand their emotions.



#WakeUpWednesday

The National College

REMINDERS

Start & Finish Times for September 2025 – July 2026

Year	Start time	Finish time
Years 3 & 4	8.40am	3.00pm
Years 1 & 2	8.40am	3.00pm
Reception	See letter for start/finish times w/c 1.9.25	

PLEASE FOLLOW THE WAY SYSTEM AROUND THE SCHOOL, EVEN IF THIS MEANS YOU WALKING BACK AROUND THE BUILDING FOR A 2ND LAP.



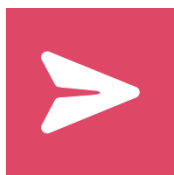
Change of contact details/address

If you have changed your address or phone number recently, please let the school office know your new details. Thank you.



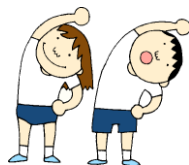
Absences/lateness

Can all parents ensure that all absences are reported to the School Office by 9.30am on the day of absence. It is also very important for the school to know if your child is sick, or if they have a medical appointment. If your child arrives into school late (after 8.45am), Parents are asked to please bring their child to the school office.



School App

We now have a new school app. It is available to download free from the App Store on any mobile device. Search for '**reach more parents by weduc**'. Please be sure to download the app onto your phone as it will be our main method of communicating via text with Parents.



PE Kit

September 2024 – Please can all children bring in their PE kits at the beginning of the week so they can change into them during school time on their nominated days.



School Lunches

Ordering and paying for school lunches is now done on www.parentpay.com. Parents should have received letters that features login details. Please order all school lunches by Thursday for the following week. If you have any queries, please call 01908 615705.

Beaundesert has a strict 'No Nuts' policy, and we ask parents to not send in food items such as peanut butter, cakes or biscuits that may contain nuts!



Breakfast Club and After School Club

Advance bookings for **both the Breakfast club and After School Club** need to be made online at <https://www.kidzzzoneclub.com/>. For same day bookings please can parents email hello@kidzzzoneclub.com or call their office on 01525 591036 (between 9am and 3pm). Please note a parent/guardian must complete a 'Kidz Zone' child registration form either online via the website or with a member of the Kidz Zone team for the booking to be accepted – this information is required to meet Ofsted regulations.



Bikes and Scooters

Please can everyone remember to dismount bikes and scooters whilst on the school grounds, as accidents can occur on pathways at busy times.



Car Parking

Just a reminder for some parents when parking outside of the School that it is very important to park as considerately as possible. Parents and carers dropping their children off at school should not be parking on pavements. Car number plates may be reported to the Police if this continues to happen. Can parents also remember that parking in the Staff car park or the Kitchen car park is also not permitted. Thank you.



PTA Second Hand Uniform Shop

The PTA have set up a pre-loved uniform shop. Please click on the below link to browse and make your purchase.

Link: <https://app.uniformd.co.uk/items/beadesert-lower-school>