





#### **CALENDAR DATES 2025**

PTA Bring a bottle for the Summer Fair – Non Uniform Details to follow
PTA Bring a plant for the Summer Fair Details to follow
PTA SUMMER FAIR
EARLY YEARS – THE GREENSAND TRUST WORKSHOP See details below
PTA – Summer Picnic/AGM
Details to follow
YEAR 2 – FIRE SERVICE VISIT
YEAR 4 LEAVERS DISCO
Details to follow
YEAR 4 PERFORMANCE
Further information regarding tickets to follow
YEAR 4 PERFORMANCE
Further information regarding tickets to follow
YEAR 4 LEAVERS ASSEMBLY
Parents/Carers of Year 4 are invited into Beaudesert
WHOLE SCHOOL LAST DAY OF TERM
**Note change of date as per email sent 3.4.25**



# **Challenge Champions 23rd May 2025**



**Bobcat: Hannah** 

1P: Lily

Lynx: Rex

1M: Poppy

20: Daniel 2M: Oliver

3DR: Oliver 3J: Jax

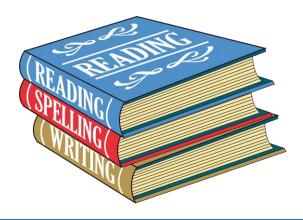
4P: Sienna 4G: Henry



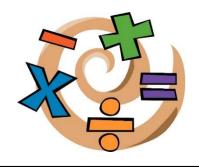


# English Champion of the Week 23<sup>rd</sup> May 2025



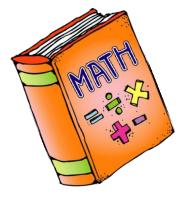






# Maths Champion of the Week 23<sup>rd</sup> May 2025





# <u>Cluster Sports Festival - Brooklands Middle School</u>



Some children from Year 2 were invited to take part in the local schools 'Cluster Sports Festival' this week.

As you can see they had a great time trying all the sporting activities!





























#### **WINNER!**

One child from each class was able to win a goodie bag from the 'Big Walk & Wheel' event.

Here is Chloe from Year 20 with her goodie bag!







# **Healthy Lunch Box Ideas & Healthier Food Swaps**

Stuck for ideas?

How do I put less sugar in my child's lunch box?

The NHS website has an abundance of information and ideas to help you...

# **Healthier lunchbox recipes**

Whether squeezing it in before the school run in the morning or before bed on busy midweek evenings, preparing your child's lunchbox can seem like just another thing on the list.

School meals are a great choice, but if you do make a packed lunch for your child then we've got you covered with our range of quick, easy, healthier lunchbox ideas and tips.

## Click on this link for further information:

https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/

# **Healthier food swaps**

These simple food swap ideas can help cut down on sugar, salt and fat in your and your family's diet, plus discover easy ways to make a swap when you next shop.

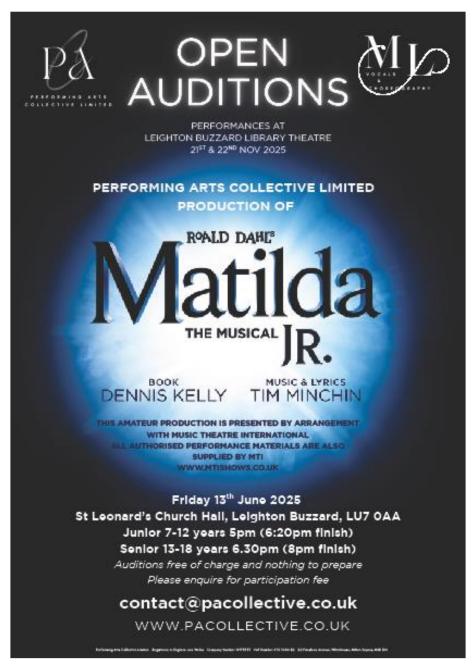
Even just 1 or 2 everyday swaps can really make a difference and go a long way to making each day healthier – but the more you make, the better!

# Click on this link for further information:

https://www.nhs.uk/healthier-families/food-facts/healthier-food-swaps/



Please note the Beaudesert fleeces are now available to purchase from the above shop. This is an optional uniform choice.



No previous experience is required – just enthusiastic dancers, singers and actors who have a love for performing!



SARAH CRIPPS - LOCAL ARTIST

# STUDIO FREE TO VISIT

# 7th to 22nd June

#### Opening times:

Mondays 12-5 Tuesdays 2-5 Wednesdays 2-5 Thursdays 12-5 Fridays 12-5 Saturdays 11-5 Sundays 10-5

Web: sarahcrippsart.com Insta: @sarahcrippsart I'm a local artist and I make bespoke paintings of your loved ones and memories: portraits, pets, landscapes and more. You may have seen me at work in the High Street recently painting one of the new planters, I've also had an exhibition in the library and you can see my work at one of our town bus stops too!

I'm opening up my studio in June as part of Bucks Art Weeks. Please pop by to see me at work or talk about a picture you might like on your walls. You can also browse my other paintings, prints, gifts and greetings cards. Plus try out some art yourself and have some coffee and cake!



301 HEATH ROAD, LEIGHTON BUZZARD LU7 3AX

> BUCKS ART WEEKS VENUE NUMBER 50



# Learn to Ride cycle sessions Cycle4Life

Date: June 21, 2025 - 1pm till 3pm

Location: Astral Park, Johnson Drive, Leighton Buzzard, LU7 4AY

Organiser: Cycle4Life Tickets: Click here

Join us at Astral Park for a free learn to ride cycle session. Top tips and techniques offered by our qualified cycle instructors to help you start on your lifelong cycle journey. We are running adult and child cycle sessions, all you need to do is turn up with your bike. Booking advised as places limited. Contact becky@cycle4life.org using 'Big Green Week' in your title.

Please click on the following link for further information and how to book your space:

https://www.greatbiggreenweek.com/cycle4life/learn\_to\_ride\_cycle\_sessions\_cycle4life

# What Parents & Educators Need to Know about

WHAT ARE THE RISKS?

Emojis are more than playful expressions — they form a fast-evolving digital language that many adults struggle to decode. For young people, this 'secret code' is central to how they communicate identity, humour and emotions. With over 5 billion emojis sent daily on Facebook Messenger alone, understanding these symbols is key to engaging meaningfully with digital youth.

#### MASKING DISTRESS OR HARM

Some emojis are used to discreetly signal troubling behaviours. For instance, & (falling leaves emoji) or \(\begin{array}{c}\) (pill emoji) might suggest drug use, while \(\beta\) (wited flower emoji) could hint at emotional struggles. Such usage can obscure serious issues, making them harder for trusted adults to detect.

#### **NORMALISING RISKY** BEHAVIOURS

Emojis can make harmful actions seem light-hearted or fashionable. Strings like \$\binom{\text{\chi}}{\text{\chi}}\$ (fire + 'woozy' face + pill emojis) may appear humorous but can reference partying, intoxication or dangerous challenges, which might otherwise raise red flags.

#### **GENERATIONAL** MISCOMMUNICATION

An emoji like 👍 (thumbs up emoji) might seem friendly to adults, but teens often interpret it as sarcastic or passive-aggressive. These differing interpretations can create confusion or unintended tension in cross-generational conversations.

#### SHIELDING BULLYING OR PEER PRESSURE

When embedded in emojis, mean-spirited jokes or exclusionary language can fly under the radar. Terms like 'mid' or 'delulu' may seem harmless, but they can

#### RAPIDLY SHIFTING MEANINGS

Emoji meanings can change overnight. A person standing emoji ( ) once signified awkwardness but might now be repurposed for something entirely different. This ever-changing lexicon can leave adults in the dark and young people vulnerable to misunderstanding or misuse.

# Advice for Parents & Educators

#### LEARN THE LINGO

SLAYING Stay updated with emoji trends and definitions using resources like emojipedia.org or Urban Dictionary. Knowing current meanings builds confide when engaging with young people and helps spot potential concerns early.

#### ASK, DON'T ASSUME

Approach unfamiliar emojis with curiosity rather than suspicion. A light-hearted "What does t" (juice box emoji) mean these days?" can open conversation and show that you respect their knowledge.

#### CREATE SAFE SPACES FOR DISCUSSION

Encourage casual chats about emojis, online slang, memes, or social media trends. Showing interest without judgement reassures young people that they can talk about their digital world openly and safely.

#### PRIORITISE TRUST OVER SURVEILLANCE

While parental controls and monitoring tools can be useful, emotional safety matters most. Be someone children and young people feel they can come to not just someone who's watching them.

POTENTIALLY CONCERNING EMOJIS

EMOJI CHEAT SHEET - The following slang terms and emojis are some common examples - please be aware this isn't an exhaustive list.

#### COMMON EMOJIS:



(Pleading face)
Over-affectionate or 'simping'







(Triangular flag) Red flag; a warning sign about



(Falling leaves, herb, maple leaf)
Can symbolise cannabis

(Pill) May reference drug use or prescription misuse



(Key, lying face) Related to cocaine use (Water pistol) Sometimes used to reference violence or self-harm



(Warning) Used to emphasise drama, threats or emotional turmoil

(Wilted flower) Often used to conve-emotional struggle or sadness

(Steaming bowl) Refers to nudes ('noods' is an abbreviation of noodles)

#### Meet Our Expert

Keith Broni is a globally renowned emoji expert and the Editor in Chief of emojipedic.org, the world's number one emoji resource. He has an MSc in Business Psychology from University College London and an MBA from Quantic School of Business and Technology.





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## What Parents & Educators Need to Know about

Every year, Ofcom releases its Children and Parents: Media Use and Attitudes Report, offering fresh insights into how young people are using digital platforms. The 2025 edition highlights key safeguarding concerns as children's engagement with social media, gaming, and live streaming continues to grow. This guide pulls out the top statistics from the report, focussing on the main areas of concern for parents and educators.



Children are engaging with social media and online content at increasing rates:

now have access to social media platforms; however only a small proportion use it independently of parents.

have a social media profile

with 16% including a public photo

watch livestreamed with 16% of

E POST

# **ONLINE GAMING**

of children say they play with someone they know, while 32% report playing with strangers.

of parents worry about their childrer talking to strangers while gaming. of children who game online chat with people they don't know.

#### PARENTAL **ONCERNS**

fear their critic may age-inappropriate or sexual content.

worry about their community distinguishing real from fake information.

self-harm

are concerned about online bullying.

SCREEN TIME

challenge for parents

70% of parents of 13-17s say it's difficult to manage screen time

33% of 8-17s think their own screen time is too high.

At 29% vs 24%

boys were more likely than girls to disagree that their screen time is too high.

# HARMFUL

A significant minority of children continue to have negative feelings about social media and messaging apps:

Nearly four believe that people are mean or unkind to in ten 8-17s each other online all or most of the time.

Girls are more likely than boys to say they have experienced someone being nasty or hurtful to them online (31%).

One third of agree that it's important that people can say what teenagers they want online, even if it offends someone.

## ONLINE SAFETY IN SCHOOLS

of children aged 8-17 recall at least one lesson on online safety and most report finding them useful.

The top three topics covered are:

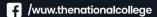
How to keep personal information safe.

Being kind and espectful online



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# **REMINDERS**

#### Start & Finish Times for September 2024 – July 2025

Year	Start time	Finish time
Years 3 & 4	8.40am	3.00pm
Years 1 & 2	8.40am	3.00pm
Reception	8.40am	3.00pm

PLEASE FOLLOW THE WAY SYSTEM AROUND THE SCHOOL, EVEN IF THIS MEANS YOU WALKING BACK AROUND THE BUILDING FOR A 2<sup>ND</sup> LAP.



#### Change of contact details/address

If you have changed your address or phone number recently, please let the school office know your new details. Thank you.



#### Absences/lateness

Can all parents ensure that all absences are reported to the School Office by 9.30am on the day of absence. It is also very important for the school to know if your child is sick, or if they have a medical appointment. If your child arrives into school late (after 8.45am), Parents are asked to please bring their child to the school office.



#### School App

We now have a new school app. It is available to download free from the App Store on any mobile device. Search for 'reach more parents by weduc'. Please be sure to download the app onto your phone as it will be our main method of communicating via text with Parents.



#### **PE Kit**

**September 2024** – Please can all children bring in their PE kits at the beginning of the week so they can change into them during school time on their nominated days.



#### **School Lunches**

Ordering and paying for school lunches is now done on <a href="www.parentpay.com">www.parentpay.com</a>. Parents should have received letters that features login details. Please order all school lunches by Thursday for the following week. If you have any queries, please call 01908 615705.

Beaudesert has a strict 'No Nuts' policy, and we ask parents to not send in food items such as peanut butter, cakes or biscuits that may contain nuts!



#### **Breakfast Club and After School Club**

Advance bookings for **both the Breakfast club and After School Club** need to be made online at <a href="https://www.kidzzoneclub.com/">https://www.kidzzoneclub.com/</a>. For same day bookings please can parents email <a href="hello@kidzzoneclub.com">hello@kidzzoneclub.com</a> or call their office on 01525 591036 (between 9am and 3pm). Please note a parent/guardian must complete a 'Kidz Zone' child registration form either online via the website or with a member of the Kidz Zone team for the booking to be accepted – this information is required to meet Ofsted regulations.



#### **Bikes and Scooters**

<u>Please can everyone remember to dismount bikes and scooters whilst on the school grounds, as accidents can occur on pathways at busy times.</u>



#### **Car Parking**

Just a reminder for some parents when parking outside of the School that it is very important to park as considerately as possible. Parents and carers dropping their children off at school should not be parking on pavements. Car number plates may be reported to the Police if this continues to happen. <u>Can parents also remember that parking in the Staff car park or the Kitchen car park is also not permitted. Thank you.</u>



#### **PTA Second Hand Uniform Shop**

The PTA have set up a pre-loved uniform shop. Please click on the below link to browse and make your purchase.

Link: https://app.uniformd.co.uk/items/beaudesert-lower-school