



My menus
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Static menus

(PRJ - Chartwells Creative Kitchen) Menu Pot 5 | Lunch time | Start date: 24 July 2023 - End date: 29 October 2023

Week commencing 28 August 2023 (Cycle week 2)

Monday	Tuesday	Wednesday	Thursday	Friday
Main				
Cheese & Tomato Pizza with Potato Wedges (V)	Chinese Chicken & Vegetable Rice	Roast Gammon with Roast Potatoes & Gravy	Beef Lasagne with Garlic & Herb Bread	Breaded Fish Fingers with Chips
Mixed Bean Pasta (V)	Tomato Pasta (V)	Tomato Pasta (V)	Tomato Pasta (V)	Vegetarian Dippers with Chips (V)
Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)
Packed Lunch Ham Sandwich				
_	Packed Lunch Cheese Sandwich (V)			
		MEAT MEDICAL DIET - Evidence needs to be provided		MEAT MEDICAL DIET - Evidence needs to be provided
VEGETARIAN MEDICAL DIET - Evidence needs to be provided			VEGETARIAN MEDICAL DIET - Evidence needs to be provided	VEGETARIAN MEDICAL DIET - Evidence needs to be provided
Side Dish	r	r	r	r
Two Vegetables				
Dessert				
Oat Chocolate Cookie with Fruit	Orange Jelly	Chocolate & Banana Marble Cake	Banana & Apricot Flapjack with Fruit	Strawberry Ice Cream

Week commencing 04 September 2023 (Cycle week 3)

Monday	Tuesday	Wednesday	Thursday	Friday
Main				

Monday	Tuesday		Thursday	Friday
Cheese & Tomato Pizza with Potato Wedges (V)	Mexican Beef Tortilla Pie with Rice	Plate with Potato	=	Breaded Fish Fingers with Chips
Mixed Bean Pasta (V)	Tomato Pasta (V)	Tomato Pasta (V)	Macaroni Cheese (V)	Vegetarian Dippers with Chips (V)
Jacket Potato with a	Jacket Potato with a	Jacket Potato with a	Jacket Potato with a	Jacket Potato with a
choice of Hot & Cold Fillings (V)	choice of Hot & Cold Fillings (V)		choice of Hot & Cold Fillings (V)	choice of Hot & Cold Fillings (V)
Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich
Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)			Packed Lunch Cheese Sandwich (V)
MEAT MEDICAL DIET	MEAT MEDICAL DIET	MEAT MEDICAL DIET	MEAT MEDICAL DIET	MEAT MEDICAL DIET
- Evidence needs to be	- Evidence needs to be	- Evidence needs to be	- Evidence needs to be	- Evidence needs to be
provided	provided	provided	provided	provided
VEGETARIAN	VEGETARIAN	VEGETARIAN	VEGETARIAN	VEGETARIAN
MEDICAL DIET -	MEDICAL DIET -	MEDICAL DIET -	MEDICAL DIET -	MEDICAL DIET -
Evidence needs to be	Evidence needs to be	Evidence needs to be	Evidence needs to be	Evidence needs to be
provided	provided	provided	provided	provided
Side Dish				
Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables
Dessert				
Mango Frozen Yoghurt	Berry Flapjack with Fruit	Chocolate Brownie	Pineapple Upside Down Cake with Custard	Chocolate Milkshake and Shortbread

Week commencing 11 September 2023 (Cycle week 1)

Monday	Tuesday	Wednesday	Thursday	Friday
Main				
IPizza with Potato	Pork Sausages with Mashed Potato & Gravy	Roast Turkey with Roast Potatoes & Gravy	Beef Pasta Bolognese with Garlic & Herb Bread	Breaded Fish Fingers with Chips
Mixed Bean Pasta (V)	Macaroni Cheese (V)	Tomato Pasta (V)	Tomato Pasta (V)	Vegetarian Dippers with Chips (V)
Ichoice of Hot & Cold	Jacket Potato with a choice of Hot & Cold Fillings including Tuna / Salmon Mayonnaise	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)
	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich
	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)

Monday	Tuesday	Wednesday	Thursday	Friday
MEAT MEDICAL DIET	MEAT MEDICAL DIET -	MEAT MEDICAL DIET	MEAT MEDICAL DIET	MEAT MEDICAL DIET
- Evidence needs to	Evidence needs to be	- Evidence needs to	- Evidence needs to	- Evidence needs to
be provided	provided	be provided	be provided	be provided
VEGETARIAN	VEGETARIAN MEDICAL	VEGETARIAN	VEGETARIAN	VEGETARIAN
IMEDICAL DIET -	DIET - Evidence needs to	MEDICAL DIET -	MEDICAL DIET -	MEDICAL DIET -
Evidence needs to be	be provided	Evidence needs to be	Evidence needs to be	Evidence needs to be
provided	be provided	provided	provided	provided
Side Dish				
Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables
Dessert				
IVanilla Ice Cream	Hot Chocolate Sponge with Chocolate Custard	Strawberry Jelly with Fruit	Fruity Picnic Bar	Chocolate Ice Cream

Week commencing 18 September 2023 (Cycle week 2)

Monday	Tuesday	Wednesday	Thursday	Friday
Main				
Cheese & Tomato Pizza with Potato Wedges (V)	Chinese Chicken & Vegetable Rice	Roast Gammon with Roast Potatoes & Gravy	Beef Lasagne with Garlic & Herb Bread	Breaded Fish Fingers with Chips
Mixed Bean Pasta (V)	Tomato Pasta (V)	Tomato Pasta (V)	Tomato Pasta (V)	Vegetarian Dippers with Chips (V)
Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)
Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich
Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)
				MEAT MEDICAL DIET - Evidence needs to be provided
		VEGETARIAN MEDICAL DIET - Evidence needs to be	VEGETARIAN MEDICAL DIET - Evidence needs to be	VEGETARIAN MEDICAL DIET - Evidence needs to be
provided Side Dish	provided	provided	provided	provided
Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables
Dessert				

Monday	Tuesday	Wednesday	Thursday	Friday
Oat Chocolate Cookie	Oranga Jally	Chocolate & Banana	Banana & Apricot	Strawberry Ice Cream
with Fruit	Orange Jelly	Marble Cake	Flapjack with Fruit	Strawberry ice Cream

Week commencing 25 September 2023 (Cycle week 3)

Monday	Tuesday	Wednesday	Thursday	Friday	
Main					
Cheese & Tomato Pizza with Potato Wedges (V)	Mexican Beef Tortilla Pie with Rice	Roast Turkey Picnic Plate with Potato Wedges	Butter Chicken Curry with Rice	Breaded Fish Fingers with Chips	
Mixed Bean Pasta (V)	Tomato Pasta (V)	Tomato Pasta (V)	Macaroni Cheese (V)	Vegetarian Dippers with Chips (V)	
Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	
Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	
Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	
			MEAT MEDICAL DIET - Evidence needs to be provided	MEAT MEDICAL DIET - Evidence needs to be provided	
Evidence needs to be	VEGETARIAN MEDICAL DIET - Evidence needs to be provided	VEGETARIAN MEDICAL DIET - Evidence needs to be provided	VEGETARIAN MEDICAL DIET - Evidence needs to be provided	VEGETARIAN MEDICAL DIET - Evidence needs to be provided	
Side Dish	<u>г</u> <u>г</u> <u>г</u>				
Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables	
Dessert					
Mango Frozen Yoghurt	Berry Flapjack with Fruit	Chocolate Brownie with Fruit	Pineapple Upside Down Cake with Custard	Chocolate Milkshake and Shortbread	

Week commencing 02 October 2023 (Cycle week 1)

Monday	Tuesday	Wednesday	Thursday	Friday
Main				
IPizza with Potato	Pork Sausages with Mashed Potato & Gravy		Beef Pasta Bolognese with Garlic & Herb Bread	Breaded Fish Fingers with Chips
Mixed Bean Pasta (V)	Macaroni Cheese (V)	Tomato Pasta (V)	Tomato Pasta (V)	Vegetarian Dippers with Chips (V)

Monday	Tuesday	Wednesday	Thursday	Friday
Ichoice of Hot & Cold	Jacket Potato with a choice of Hot & Cold Fillings including Tuna / Salmon Mayonnaise	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)
	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich
Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Cheese Sandwich (V)	` '	Packed Lunch Cheese Sandwich (V)
- Evidence needs to	MEAT MEDICAL DIET - Evidence needs to be provided	MEAT MEDICAL DIET - Evidence needs to be provided	MEAT MEDICAL DIET - Evidence needs to be provided	MEAT MEDICAL DIET - Evidence needs to be provided
Evidence needs to be	VEGETARIAN MEDICAL DIET - Evidence needs to be provided		VEGETARIAN MEDICAL DIET - Evidence needs to be provided	VEGETARIAN MEDICAL DIET - Evidence needs to be provided
Side Dish				
Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables
Dessert				
IVanilla Ice Cream	Hot Chocolate Sponge with Chocolate Custard	Strawberry Jelly with Fruit	Fruity Picnic Bar	Chocolate Ice Cream

Week commencing 09 October 2023 (Cycle week 2)

Monday	Tuesday	Wednesday	Thursday	Friday
Main				
Cheese & Tomato Pizza with Potato Wedges (V)	IChinese Chicken &	Roast Gammon with Roast Potatoes & Gravy	Beef Lasagne with Garlic & Herb Bread	Breaded Fish Fingers with Chips
Mixed Bean Pasta (V)	Tomato Pasta (V)	Tomato Pasta (V)	Tomato Pasta (V)	Vegetarian Dippers with Chips (V)
Jacket Potato with a choice of Hot & Cold Fillings (V)		Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)
Packed Lunch Ham Sandwich		Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich
	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)
- Evidence needs to be	MEAT MEDICAL DIET - Evidence needs to be provided	- Evidence needs to be		MEAT MEDICAL DIET - Evidence needs to be provided
VEGETARIAN MEDICAL DIET -	VEGETARIAN MEDICAL DIET -	VEGETARIAN MEDICAL DIET -	VEGETARIAN MEDICAL DIET -	VEGETARIAN MEDICAL DIET -

Monday	Tuesday	Wednesday	Thursday	Friday
Evidence needs to be				
provided	provided	provided	provided	provided
Side Dish				
Two Vegetables				
Dessert				
Oat Chocolate Cookie	Orange Jelly	Chocolate & Banana	Banana & Apricot	Strawborny Ico Croom
with Fruit	Orange Jeny	Marble Cake	Flapjack with Fruit	Strawberry Ice Cream

Week commencing 16 October 2023 (Cycle week 3)

Monday	Tuesday	Wednesday	Thursday	Friday
Main				
Cheese & Tomato Pizza with Potato Wedges (V)	IMexican Reet Tortilla	Roast Turkey Picnic Plate with Potato Wedges		Breaded Fish Fingers with Chips
Mixed Bean Pasta (V)	Tomato Pasta (V)	Tomato Pasta (V)	Macaroni Cheese (V)	Vegetarian Dippers with Chips (V)
Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)
Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich
Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)
			MEAT MEDICAL DIET - Evidence needs to be provided	
VEGETARIAN MEDICAL DIET - Evidence needs to be provided		VEGETARIAN MEDICAL DIET - Evidence needs to be provided		VEGETARIAN MEDICAL DIET - Evidence needs to be provided
Side Dish				
Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables
Dessert				
Mango Frozen Yoghurt	Berry Flapjack with Fruit	Chocolate Brownie with Fruit	Pineapple Upside Down Cake with Custard	Chocolate Milkshake and Shortbread

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