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(PRJ - Chartwells Creative Kitchen) Menu Pot 5 | Lunch time | Start date: 24 July 2023 - End date: 29 October 2023

Week commencing 28 August 2023 (Cycle week 2)

Monday	Tuesday	Wednesday	Thursday	Friday
Main				
Cheese & Tomato Pizza with Potato Wedges (V)	Chinese Chicken & Vegetable Rice	Roast Gammon with Roast Potatoes & Gravy	Beef Lasagne with Garlic & Herb Bread	Breaded Fish Fingers with Chips
Mixed Bean Pasta (V)	Tomato Pasta (V)	Tomato Pasta (V)	Tomato Pasta (V)	Vegetarian Dippers with Chips (V)
Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)
Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich
Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)
MEAT MEDICAL DIET - Evidence needs to be provided	MEAT MEDICAL DIET - Evidence needs to be provided	MEAT MEDICAL DIET - Evidence needs to be provided	MEAT MEDICAL DIET - Evidence needs to be provided	MEAT MEDICAL DIET - Evidence needs to be provided
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Side Dish				
Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables
Dessert				
Oat Chocolate Cookie with Fruit	Orange Jelly	Chocolate & Banana Marble Cake	Banana & Apricot Flapjack with Fruit	Strawberry Ice Cream

Week commencing 04 September 2023 (Cycle week 3)

Monday	Tuesday	Wednesday	Thursday	Friday
Main				

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese & Tomato Pizza with Potato Wedges (V)	Mexican Beef Tortilla Pie with Rice	Roast Turkey Picnic Plate with Potato Wedges	Butter Chicken Curry with Rice	Breaded Fish Fingers with Chips
Mixed Bean Pasta (V)	Tomato Pasta (V)	Tomato Pasta (V)	Macaroni Cheese (V)	Vegetarian Dippers with Chips (V)
Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)
Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich
Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)
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Side Dish				
Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables
Dessert				
Mango Frozen Yoghurt	Berry Flapjack with Fruit	Chocolate Brownie with Fruit	Pineapple Upside Down Cake with Custard	Chocolate Milkshake and Shortbread

Week commencing 11 September 2023 (Cycle week 1)

Monday	Tuesday	Wednesday	Thursday	Friday
Main				
Cheese & Tomato Pizza with Potato Wedges (V)	Pork Sausages with Mashed Potato & Gravy	Roast Turkey with Roast Potatoes & Gravy	Beef Pasta Bolognese with Garlic & Herb Bread	Breaded Fish Fingers with Chips
Mixed Bean Pasta (V)	Macaroni Cheese (V)	Tomato Pasta (V)	Tomato Pasta (V)	Vegetarian Dippers with Chips (V)
Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings including Tuna / Salmon Mayonnaise	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)
Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich
Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)

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Side Dish				
Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables
Dessert				
Vanilla Ice Cream	Hot Chocolate Sponge with Chocolate Custard	Strawberry Jelly with Fruit	Fruity Picnic Bar	Chocolate Ice Cream

Week commencing 18 September 2023 (Cycle week 2)

Monday	Tuesday	Wednesday	Thursday	Friday
Main				
Cheese & Tomato Pizza with Potato Wedges (V)	Chinese Chicken & Vegetable Rice	Roast Gammon with Roast Potatoes & Gravy	Beef Lasagne with Garlic & Herb Bread	Breaded Fish Fingers with Chips
Mixed Bean Pasta (V)	Tomato Pasta (V)	Tomato Pasta (V)	Tomato Pasta (V)	Vegetarian Dippers with Chips (V)
Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)
Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich
Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)
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Side Dish				
Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables
Dessert				

Monday	Tuesday	Wednesday	Thursday	Friday
Oat Chocolate Cookie with Fruit	Orange Jelly	Chocolate & Banana Marble Cake	Banana & Apricot Flapjack with Fruit	Strawberry Ice Cream

Week commencing 25 September 2023 (Cycle week 3)

Monday	Tuesday	Wednesday	Thursday	Friday
Main				
Cheese & Tomato Pizza with Potato Wedges (V)	Mexican Beef Tortilla Pie with Rice	Roast Turkey Picnic Plate with Potato Wedges	Butter Chicken Curry with Rice	Breaded Fish Fingers with Chips
Mixed Bean Pasta (V)	Tomato Pasta (V)	Tomato Pasta (V)	Macaroni Cheese (V)	Vegetarian Dippers with Chips (V)
Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)
Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich
Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)
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Side Dish				
Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables
Dessert				
Mango Frozen Yoghurt	Berry Flapjack with Fruit	Chocolate Brownie with Fruit	Pineapple Upside Down Cake with Custard	Chocolate Milkshake and Shortbread

Week commencing 02 October 2023 (Cycle week 1)

Monday	Tuesday	Wednesday	Thursday	Friday
Main				
Cheese & Tomato Pizza with Potato Wedges (V)	Pork Sausages with Mashed Potato & Gravy	Roast Turkey with Roast Potatoes & Gravy	Beef Pasta Bolognese with Garlic & Herb Bread	Breaded Fish Fingers with Chips
Mixed Bean Pasta (V)	Macaroni Cheese (V)	Tomato Pasta (V)	Tomato Pasta (V)	Vegetarian Dippers with Chips (V)

Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings including Tuna / Salmon Mayonnaise	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)
Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich
Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)
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Side Dish				
Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables
Dessert				
Vanilla Ice Cream	Hot Chocolate Sponge with Chocolate Custard	Strawberry Jelly with Fruit	Fruity Picnic Bar	Chocolate Ice Cream

Week commencing 09 October 2023 (Cycle week 2)

Monday	Tuesday	Wednesday	Thursday	Friday
Main				
Cheese & Tomato Pizza with Potato Wedges (V)	Chinese Chicken & Vegetable Rice	Roast Gammon with Roast Potatoes & Gravy	Beef Lasagne with Garlic & Herb Bread	Breaded Fish Fingers with Chips
Mixed Bean Pasta (V)	Tomato Pasta (V)	Tomato Pasta (V)	Tomato Pasta (V)	Vegetarian Dippers with Chips (V)
Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)
Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich
Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)
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Monday	Tuesday	Wednesday	Thursday	Friday
Evidence needs to be provided	Evidence needs to be provided	Evidence needs to be provided	Evidence needs to be provided	Evidence needs to be provided
Side Dish				
Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables
Dessert				
Oat Chocolate Cookie with Fruit	Orange Jelly	Chocolate & Banana Marble Cake	Banana & Apricot Flapjack with Fruit	Strawberry Ice Cream

Week commencing 16 October 2023 (Cycle week 3)

Monday	Tuesday	Wednesday	Thursday	Friday
Main				
Cheese & Tomato Pizza with Potato Wedges (V)	Mexican Beef Tortilla Pie with Rice	Roast Turkey Picnic Plate with Potato Wedges	Butter Chicken Curry with Rice	Breaded Fish Fingers with Chips
Mixed Bean Pasta (V)	Tomato Pasta (V)	Tomato Pasta (V)	Macaroni Cheese (V)	Vegetarian Dippers with Chips (V)
Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)	Jacket Potato with a choice of Hot & Cold Fillings (V)
Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich	Packed Lunch Ham Sandwich
Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)	Packed Lunch Cheese Sandwich (V)
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Side Dish				
Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables	Two Vegetables
Dessert				
Mango Frozen Yoghurt	Berry Flapjack with Fruit	Chocolate Brownie with Fruit	Pineapple Upside Down Cake with Custard	Chocolate Milkshake and Shortbread

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