

# Upcoming Events

Online Workshops for Parents & Caregivers

Click on each to sign up or scan the QR code!

JANUARY

14

Supporting Behaviour and  
Managing Emotions in  
Children  
(5-11yrs)

12-1 PM



JANUARY

29

Recognising and Responding  
to Anxiety in Children  
(5-11yrs)

12-1 PM



FEBRUARY

26

Supporting your Teenager  
with Anxiety  
(12+ yrs)

4-5 PM



MARCH

17

Supporting School  
Transitions

4-5 PM

