

Upcoming Events

Online Workshops for Parents & Caregivers
Click on each to sign up or scan the QR code!

JANUARY

14

Supporting Behaviour and
Managing Emotions in
Children
(5-11yrs)

12-1PM



JANUARY

29

Recognising and Responding
to Anxiety in Children
(5-11yrs)

12-1 PM



FEBRUARY

26

Supporting your Teenager
with Anxiety
(12+ yrs)

4-5 PM



MARCH

17

Supporting School
Transitions

4-5 PM

